

# COTTONWOOD CANYONS FOUNDATION

## Teacher Guide to Snowshoe Fieldtrips

### SNOWSHOES

1. Pick up snowshoes at the REI rental dept. after 5 PM the day before your trip.
2. REI Salt Lake City located at 33<sup>rd</sup> East and 33<sup>rd</sup> South. (801) 486-2100
3. REI is open until 9 PM (6 PM on Sunday).
4. Adult snowshoes are allotted at one pair per 6 students
5. Deposit information:
  - o Credit card number required from the person picking up the snowshoes
  - o To be used as deposit against damage or loss.
6. Snowshoe Use & Care
  - o To be put on off pavement
  - o To be kept as pairs
  - o To have snow removed before returning to REI

### ADULT CHAPERONES

1. We require a minimum of one adult per every ten students to assist our guides.
2. These adults should be physically able to follow the group
3. Please have all adult chaperones, helpers, etc. read guide to the event located here:  
[http://www.cottonwoodcanyons.org/education/fieldtrip\\_resources.php](http://www.cottonwoodcanyons.org/education/fieldtrip_resources.php)

### WEATHER INFORMATION

1. Internet Road information at the UDOT website: <http://168.178.126.193/tats.cgi>
2. Phone Road Information dialing “511” and asking for SR 190.
3. 7 day weather forecast for 8,000 foot elevation:  
<http://www.wrh.noaa.gov/slc/snow/mtnwx/mtnForecast.php>

### FIELDTRIP PROCEDURE

1. Attached is an indemnity release form. This must be signed by appropriate school official and handed in to CCF’s Lead Guide before the field trip or field trip will not proceed.
2. Pre and post activities for fieldtrips are located here:  
[http://www.cottonwoodcanyons.org/education/fieldtrip\\_resources.php](http://www.cottonwoodcanyons.org/education/fieldtrip_resources.php)
3. Please make sure that all drivers understand that the field trip will last at least 1½ hours, plus time afterwards for removing snowshoes, bathroom breaks, reloading buses, etc.
4. Please arrive at The Spruces parking lot at least 15 minutes prior to the scheduled start of your trip. Tell the Lead Guide how many students, teachers and escorts are present, and any special concerns. The Lead Guide will then agree with you how many groups there will be, agree start and finish times, and allocate guides to groups. Use these 15 minutes for bathroom breaks and to get snowshoes distributed and fitted, so the field trip can start on time.
5. To participate on future trips, Teachers are required to fill out assessment, available here:  
[http://www.cottonwoodcanyons.org/education/fieldtrip\\_resources.php](http://www.cottonwoodcanyons.org/education/fieldtrip_resources.php)
6. Above all - **ENJOY THE EXPERIENCE!**